

BE A PART OF A MENTAL HEALTH Friendly Workplace



MENTAL
HEALTH
it's part of our workplace

MENTAL ILLNESSES affect every workplace. You can help create a *Mental Health-Friendly Workplace* that is positive and productive—for employees and for business:

- Learn the facts about mental health.
- Be accepting of ALL coworkers.
- Ask for help when you need it.

**Call 1-800-789-2647 for a free brochure about mental health
or visit www.allmentalhealth.samhsa.gov
(TDD: 1-866-889-2647)**



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Mental Health Services
www.samhsa.gov

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